FOOD & NUTRITION SERVICES

SACRED HEART MEDICAL CENTER • 474-3220

Spring-Summer

Catering Menu

April 1 - September 30, 2004

shmccatering@shmc.org
101 W. Eighth Avenue • Spokane, WA 99204
(509) 474-7401 • Fax (509) 474-4486

Catering Service Guidelines

1. Email requests for service to shmccatering@shmc.org.
   - Six weeks notice is preferred for all functions.
   - Catering requests without 6 weeks notice will be scheduled if possible on a first come, first served basis.
   - If we are unable to provide service for your meeting or event, we will assist with selection of a caterer from our "preferred caterers list."

2. Final count for service is due 2 weekdays prior to service. Charges will be based on final count.

3. Food and/or beverages will be delivered as schedule allows. If we are unable to deliver, a pick up in the FNS office can be arranged.

4. If you are picking up an order that includes any hardware and utensils, these are to be returned to the FNS department to avoid a charge.

Early Morning Eye-Openers

All catering packages now feature our new Tuscany Roast coffee, a richer and more flavorful gourmet blend. This coffee will get your morning off to a great start!

Coffee Break Package I ..... **$1.00** per person
Freshly brewed coffee, decaf, tea, and water; with juice add .50 per person.

Coffee Break Package II ..... **$2.25** per person
For the break purist! Assortment of muffins, doughnuts and pastries, coffee, decaf, tea, juice, and milk.

Continental Breakfast ..... **$3.50** per person
Assorted muffins, pastries and Danish with seasonal fresh fruit, coffee, decaf, tea, juice, and milk.

Bagel Break ..... **$4.50** per person
Freshly made pre-sliced bagels with cream cheese, assorted jams and even a toaster! Served complete with seasonal fresh fruit tray, coffee, decaf, tea, juice, and milk.

Hot! Hot! Hot!

All hot breakfasts served with assorted muffins and pastries, seasonal fresh fruit, coffee, decaf, tea, juice, and milk.

The Sacred Heart Scramble ..... **$6.00** per person
Piping hot scrambled eggs, breakfast potato of the day and choice of bacon, ham, or sausage.

The Denver Skillet ..... **$6.00** per person
A delicious one-dish mixture of diced ham, onion, green pepper, scrambled eggs, cheese and potatoes served with a side of salsa.

The Elegant Sunrise Breakfast ..... **$7.00** per person
Your choice of either a delightful frittata made of eggs, potatoes, spinach, mushrooms, onions and three cheeses or an elegant quiche Lorraine, a marvelous mixture of fluffy egg, diced bacon, shredded Swiss cheese and diced onion all in a flaky crust.

The Rotator ..... **$7.00** per person
Rotating entrée provides a little variety. Some days may be biscuits n' gravy, some a breakfast sandwich. Call to see what's on the menu.

A Little Something More?

add bagels & cream cheese to any package ..... **$1.50** per person

add fruited Yoplait® yogurt to any package ..... **$ .75** per person

add cold cereal to any package ..... **$ .50** per person

Prices Subject To Change Without Notice

Let's Do Lunch!

All lunches include new Tuscany Roast gourmet coffee, decaf, tea, soda and milk

Seminar Lunch ..... **$4.95** per person
Sandwich assortment includes deli beef & cheddar, turkey & provolone, veggie, and ham & swiss, plus a fresh vegetable tray with dip and gourmet cookies.
Add soup du jour for .55 per person.

Boxed Lunch ..... **$5.95** per person
Deli sandwiches piled high with roast beef, slivered ham, turkey, or vegetarian on assorted deli bread, fresh fruit cup, choice of potato or pasta salad, and a brownie.

The Super Box ..... **$7.95** per person
Colossal fresh baked foccacia or croissant sandwich stacked with deli roast beef & cheddar, ham & Swiss or turkey & Swiss (vegetarian available), garnished with tomato and lettuce. Includes a fresh fruit cup, choice of potato or pasta salad and an elegant specialty dessert.

Soup & Sandwich Buffet ..... **$6.95** per person
Pile it on and top it off with a steaming bowl of soup du jour…deli bar style! Platters of deli roast beef, turkey, ham and pastrami, assorted bread and cheese accompanied by all the fixin's and brownies or bar cookies for dessert.

The Simply Salad Lunch ..... **$7.95** per person
Our popular chicken bistro salad, a specialty vegetable salad, crisp green garden salad with assorted dressing and fresh seasonal fruit salad. Served buffet style with fresh rolls and choice of chocolate mousse cake, lemon meringue pie or cheesecake with fruited topping. Add soup du jour for .55 per person.

The International Salad Buffet ..... **$7.95** per person
Chef uses ingredients from around the world to produce fresh new salads that are perfect for spring and summer lunch buffets. Mediterranean pasta salad, spinach and cous cous salad, country French potato salad and fresh fruit salad with a hint of the tropics tossed in. Fresh rolls and a specialty dessert complete the meal.
Add soup du jour for an additional .55 per person.

Chicken & Vegetable Stir-Fry ..... **$7.95** per person
A lighter offering for the spring and summer. Served with calrose rice, green salad and assorted dressing, lemon meringue pie, chocolate or champagne cake.

Potato Bar (for parties of 15 or more) ..... **$4.95** per person
Hot, steamy spuds with all the traditional toppings: sour cream, margarine, green onions, bacon bits, salsa, hot cheese sauce, and steamed broccoli. Green salad with assorted dressings and a brownie or bar cookie completes the meal.

Pizza Party (subject to availability) ..... **$4.95** per person
A real crowd pleaser! Assorted pizza with garden salad, assorted dressings and gourmet cookies.

Fiesta Bar (for parties of 15 or more) ..... **$7.95** per person
Go a little south of the border—seasoned taco meat, refried beans, sour cream, black olives, lettuce, tomato, cheese, soft flour tortillas, corn taco shells, salsa and assorted gourmet cookies for dessert. Want fajitas? Choose beef or chicken and add $1 more/per person. Olé!

Prices Subject To Change Without Notice.

Distinctive Dinners

All dinner buffets Include tossed garden salad with assorted dressings, dinner rolls with margarine, hot seasonal vegetables, group choice of rice pilaf, baby red potatoes, or garlic mashed potatoes, specialty dessert, and new Tuscany Roast gourmet coffee, decaf, tea, soda and milk.*

Lunch buffets include main entrée, choice of tossed garden salad or seasonal vegetables, rice pilaf, lemon meringue pie, chocolate or champagne cake, and new Tuscany Roast gourmet coffee, decaf, tea, soda and milk.

	Dinner	Lunch
Chicken Piccata ..... One of our most popular dinner selections. Boneless breast of chicken prepared in a luscious lemon butter sauce accented with capers, onions and mushrooms.	**$11.00** per person	**$7.95** per person
Bistro Chicken ..... Juicy breast of chicken smothered in a heavenly artichoke and sun-dried tomato demi sauce. Guaranteed to impress and satisfy your guests!	**$11.00** per person	**$7.95** per person
Teriyaki Chicken ..... Tasty and light! Grilled breast of chicken in teriyaki sauce served with rice pilaf.**	**$11.00** per person	**$7.95** per person
Steak Diane ..... 6 oz. top sirloin steak grilled to perfection then smothered in a delicious sauce of mushrooms, garlic and tomatoes.	**$13.00** per person	**$8.95** per person
Chef's Choice ..... Chef Patrick uses the freshest seasonal preparations for all your favorites—chicken, steak, salmon, pork or pasta—to present fabulous summer meals to you and your guests.	**$11.00-$15.00** per person	**$7.95-$9.95** per person
Lasagna ..... Rich and meaty or, if you like, no meat at all. Very delicious! Served with fresh breadsticks**.	**$10.00** per person	**$7.95** per person
Vegetarian Entrée of the Day ..... Accommodations for the vegetarians in your party can be made at the time of your order. Please contact our office.	**$11.00** per person	**$7.95** per person

*Substitute Caesar Salad or Spinach Salad for an additional .75 per person.
**Rice/potato choice not included with this entrée.
Lunch and dinner pricing based on one entrée choice per event. Additional per person charge will apply should split selections be chosen. Vegetarian substitutions may be made at no additional charge.

Prices Subject To Change Without Notice.

When a Full Meal Is Not Required...

P.M. Beverages ..... **$1.50** per person
New Tuscany Roast gourmet coffee, decaf, tea, regular and diet soda.

Snack Breaks

All snack breaks include new Tuscany Roast gourmet coffee, decaf, tea, and soda

Choose one of the following snacks ..... **$2.25** per person

- tortilla chips & salsa
- assorted bags of chips
- assorted gourmet cookies
- bowl of pretzels
- potato chips & dip
- brownies

Specialty Desserts ..... **$3.50** per person
Choose from lemon meringue pie, cheesecake with fruited topping, or any one of a number of seasonal desserts for an elegant afternoon break with coffee.

Prices Subject to Change Without Notice

Perfect Party Platters

for Carefree Entertaining!

(one week advance notice required)

	12 Inch (serves 20)	16 Inch (serves 40)	18 Inch (serves 60)
Fresh Vegetable Tray ..... Assorted absolutely fresh veggies attractively arranged and served with ranch dip. Always a crowd-pleaser!	**$15.00**	**$19.00**	**$29.00**
Seasonal Fresh Fruit Tray ..... Refreshing and light. Great for a last minute party.	**$15.00**	**$25.00**	**$35.00**
Deli Meat & Cheese Tray ..... Punch bowl or Super Bowl—whatever the event, this assortment fits the bill!	**$29.00**	**$39.00**	**$49.00**
Chinese BBQ Pork with Sesame Seeds & Hot Mustard ... You'll be the toast of the party if you show up with one of our most popular platters!	**$19.00**	**$27.00**	**$37.00**
	(serves 25)	(serves 50)	(serves 75)
Assorted Cheese & Cracker Tray ..... Hosting a wine tasting? Our generous assortment of cheeses is the perfect accompaniment.	**$20.00**	**$30.00**	**$40.00**
	(serves 15)	(serves 25)	(serves 50)
Shrimp & Cocktail Sauce ..... The appetizer that can show up early or late, but is always the first to go!	**$39.00**	**$60.00**	**$121.00**
	(serves 15)	(serves 25)	(serves 40)
Croissant Finger Sandwiches ..... Guaranteed to make an impressive addition to any appetizer table.	**$38.00**	**$60.00**	**$77.00**
	(serves 12)	(serves 20)	(serves 40)
Assorted Petit Fours & Sweet Street Bars ..... Little bites of elegance…the perfect finish to your special occasion.	**$22.00**	**$32.00**	**$55.00**

Platter pricing applies to take out only.
For full service catering, service charge may apply.

Prices Subject To Change Without Notice.